Buttercup Nursery at

Meadowside Primary School

Useful Information for New Nursery Parents

Cool Milk

Did you know our school has a school milk scheme?

By registering your child for our school milk scheme they will receive a 189ml (third of a pint) carton of semi-skimmed milk every day. This is delivered fresh and chilled to their classroom every day.

"Why should I register my child?"

School milk provides your child with essential nutrients such as calcium and protein, for strong, healthy teeth and bones. It is also rehydrating and energy boosting, helping to bridge the long gap between breakfast and lunch so children stay focused.

"How do I register my child?"

The school will automatically register your child with Cool Milk unless you instruct us otherwise.

Free milk will continue until the Friday before your child's fifth birthday. If you then wish for your child to continue to receive school milk simply enrol and make payment on the Coolmilk website. (www.coolmilk.com)

"How much does it cost?"

Thanks to government subsidies, school milk is free for all under-fives and is subsided at around £15 a term for children aged five or older.

"How do I find out more?"

Visit www.coolmilk.com or contact Cool Milk directly on 0844 854 2913.



SCHOOL LUNCHES

Lunches at Meadowside Primary School are provided by Love food school catering. The company is owned and run by Mandy Love; they offer a wide variety of choice for your child to choose from. All meals are prepared and cooked on site daily by their team. All the menus are created by Love Food, all nutritional calculations and daily requirements are adhered to as per government guidelines.

They offer a meat, vegetarian, jacket potato, soup, lunch box and salad option for you to choose from. The packed lunch is extremely popular, it contains either a sandwich, roll or wrap with a filling of your choice, a yoghurt, a dessert, a snack bag which can contain a range of snacks and there is always fruit available.

They offer various menus to suit all allergies/intolerances/behavioural, they also offer a vegan menu.

You will receive an email inviting you to register your child.

You may purchase a meal for your child or provide your own packed lunch from home. All the children eat together whether they have a hot meal or packed lunch.

An example menu is below:

Love food

SUMMER 2026 MAIN MENU

	Week One Weeks beginning 1ST June, 22nd June, 13th July 1st Sept, 21st Sept, 12th Oct	Week Two Weeks beginning 8th June, 29th June, 20th July 7th Sept, 28th Sept, 19th Oct	Week Three Weeks beginning 15th June, 6th July 14th Sept, 5th Oct
Monday	Meat: Oven baked breaded chicken goujon wrap (Mayo optional)	Meat: Chicken bagel pizza	Meat: Cheesy meatball marinara wrap
	Veg: Meat free chicken goujon wrap	Veg: Cheese bagel pizza	Veg: Cheese and tomato melt panini
	With: Rice and mixed salad	With: Crispy potatoes and mixed salad	With: Potato rosti bites and mixed salad
	Dessert: Fruit ice lolly	Dessert: Fruit ice lolly	Dessert: Fruit ice lolly
Tuesday	Meat: Home-made sausage roll	Meat: Chicken kebab	Meat: Summer chicken rice
	Veg: Vegetarian sausage roll	Veg: Roasted veg kebab	Veg: Summer vegetable rice
	With: Potato wedges, carrot and pepper batons	With: Rice, carrot and pepper batons	With: Flat bread, carrot and pepper batons
	Dessert: Mixed fruit jelly (VG)	Dessert: Mixed fruit jelly (VG)	Dessert: Mixed fruit jelly (VG)
Wednesday	Meat: Roast chicken	Meat: Toad in the hole	Meat: Roast gammon with pineapple
	Veg: Vegetable casserole	Veg: Vegetarian sausage toad in the hole	Veg: Quorn roast
	With: Roast potatoes, Yorkshire pudding and carrots	With: Roast potatoes and carrots	With: Roast potatoes, Yorkshire pudding and carrots
	Dessert: Vanilla old school tray bake	Dessert: Chocolate tray bake	Dessert: Orange drizzle cake
Thursday	Meat: Ham mac and cheese	Meat: Minced beef, tomato and sweet potato pasta	Meat: Creamy Tuscan chicken pasta
	Veg: Mac and cheese	Veg: Meat free tomato and sweet potato pasta	Veg: Creamy vegetable Tuscan pasta
	With: Garlic bread and mixed salad	With: Tagliatelle, Garlic bread and mixed salad	With: Garlic bread and mixed salad
	Dessert: Frozen yoghurt	Dessert: Frozen yoghurt	Dessert: Frozen yoghurt
Friday	Meat: Oven baked fish fingers (ketchup optional)	Meat: Oven baked fish goujons (ketchup optional)	Meat: Oven baked fish fingers (ketchup optional)
	Veg: Fishless fingers	Veg: Fish free goujons	Veg: Tofu dippers
	With: Oven baked chips and peas	With: Oven baked chips and peas	With: Oven baked chips and peas
	Dessert: Home-made biscuit	Dessert: Home-made biscuit	Dessert: Home-made biscuit

Lunch bag: Your choice of a wrap, roll or sandwich with either Grated cheese, Low sugar Jam, Cheese spread, Ham, Chicken, low salt marmite or Tuna mayo or a bagel with cream cheese or salmon cream cheese. All served with a yoghurt, snack bag, fruit and a dessert.

Salad box: Your choice of Ham, Chicken, Tuna, Cheese or Falafel with lettuce, pepper, cucumber, tomatoes, coleslaw and new potatoes

Jacket potato: Your choice of Tuna mayo, Coronation chicken, baked beans, Grated cheese, Grated cheese and beans or grated cheese and tuna. Served with mixed salad

Soup: Your choice of Tomato, Chicken, Vegetable or Chicken noodle soup served with a bread roll

Everyday items: Bread (unless a bread product is on the main menu) milk, water, yoghurt and fruit



As some children that attend our school are allergic to nuts, which can be a life-threatening condition, we actively promote the school to be “nut free”.

Please can you help us to protect these children by being vigilant when providing your child with packed lunch and when bringing any foods such as snacks or birthday sweets.

Please can we ask that the following items are not brought into school:

- Packs of nuts
- Peanut butter sandwiches
- Fruit and cereal bars that contain nuts
- Chocolate products that contain nuts and some chocolate spreads eg: Nutella.
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes made with nuts

Thank you in advance for your understanding and cooperation.

UNIFORM

What clothes should my child wear for Nursery?

Dark green polo top
Light green sweatshirt
Joggers/Leggings
Pinafore
Green gingham summer dress
Sensible flat shoes

All uniform items can be ordered online via www.coolcatsclothing.co.uk

Logo'd items must be ordered from Cool Cats Clothing but other items can be purchased from local supermarkets/shops

Can my child wear jewellery whilst at Nursery?

No jewellery should be worn in Nursery, however, although we prefer children not to wear pierced earrings, we recognise that for religious or other reasons parents/carers may prefer otherwise. We understand that for religious reasons it may be a requirement for children to wear jewellery as part of their religion.

In these instances, an earring or earrings may be worn but these should be small studs, one per ear only. No other earrings, studs, rings, bracelets or necklaces may be worn.

If your child is required to wear a medical alert necklace or bracelet please inform the school office.

Lost Property

Children are encouraged to take responsibility for the care of their own belongings. Inevitably there will be occasions when things get muddled or lost. There are lost property boxes which are available for both parents/carers and children to access. Parents/carers are expected to label all items of clothing including coats.

Are there any things my child needs to bring to nursery

Please provide a pair of named, wellington boots which will stay at Nursery.
Please ensure a weather appropriate coat is worn each day.
A few changes of clothes in a small named bag.
Nappies, if needed

TAPESTRY

We use Tapestry to communicate with you about your child's learning, achievements and events happening in Nursery.

You will be sent log in details in September.

You can upload comments and photos of achievements from home so that we can celebrate with your child in Nursery

SNACK

Children will be provided with a snack during morning and afternoon sessions as well as receiving their carton of free milk.

Please provide a full bottle of water in a named bottle at each session. This is in addition to any drinks you may provide with a packed lunch sent in from home

MEDICAL

Any sickness or diarrhoea must be followed by 48hrs absence.

Any absence requires a telephone call to school to explain why. Tel 01536 723985 Option 1

If your child needs an inhaler whilst at Nursery please speak to the school office.