2023/2024 PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT & SUSTAINABILITY

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The school sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

SCHOOL	**Meadowside Primary School**
HEAD TEACHER	**Mrs J Garnham**
PE COORDINATOR	**Mrs C Flavell**

Northamptonshire sport
The Voice For Sport

PE AND SCHOOL SPORT PREMIUM: THE PURPOSE

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2023 to 2024 academic year, to encourage the development of healthy, active lifestyles.

VISION: GOVERNMENT VISION

All pupils leaving primary school will be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

VISION: SCHOOL VISION

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport

FUNDING OBJECTIVES

At Meadowside, we aim to provide a PE curriculum for pupils from Reception to Year 6, not only to enjoy, but which also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.
The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

KEY OUTCOME INDICATORS: UPDATED 2023/2024

Schools can use the funding to secure improvements in the following indicators;

Key outcome indicator 1: Engagement of all pupils in regular physical activity
For example, by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative

- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim (funding can only be used for additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons and should not be used for core swimming provision).

Key outcome indicator 2: **Profile of PE and sport is raised across the school as a tool for whole-school improvement**

For example, by:

- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching

Key outcome indicator 3: **Increased confidence, knowledge and skills of all staff in teaching PE and sport**

For example, by:

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils

Key outcome indicator 4: **Broader experience of a range of sports and activities offered to all pupils**

For example, by:

- introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sports and physical activities and clubs
- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sports organisations

Key outcome indicator 5: **Increased participation in competitive sport**

For example, by:

- increasing and actively encouraging pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

EVIDENCING THE IMPACT: REVIEW OF PE AND SCHOOL SPORT PREMIUM EXPENDITURE 2023/2024

Key priorities to date	Key achievements & Impact	How will these achievements be sustained or further developed in 2024/2025?
1. **Engagement of all pupils in regular physical activity**	**Key ACHIEVEMENTS** All children to receive 2 hrs of fully inclusive, high quality PE lessons following a structured scheme of work. Lessons are sequenced and reviewed weekly. Children not using PE time to change but coming to school wearing their PE kit, to allow more lesson time. Sensory Circuit run every morning for an identified SEND group. Swimming blocks adapted to allow children longer time in the pool. Top up session offered to Year 6 for those who have not met the end of KS2 requirements. The profile of sport is raised to parents in attendance of the school games events. Top up swimming in Year 6 for those who haven't met the end of KS2 criteria.	Swimming top up to be continued next in Year 6 for those children who aren't meeting the end of Key stage 2 requirements. Sports coaching employed to upskill staff to ensure high quality PE lessons continue. CPD planning for Autumn Term focusing on dance.
	Impact on PARTICIPATION Planning has been scrutinised and fed back to staff to ensure lessons are following the whole school map. Sensory circuits have been running successfully for targeted children. Year 6 had top up swimming in term 1 and 2.	
	Impact on ATTAINMENT Children can talk positively about their PE experiences. More children are attending regular sports clubs during the school day and afterschool. Year groups assessment data has been analysed and most children are on track to meeting the expectations. Conversations with year group teachers have been had regarding children who are not meeting the expectations. See swimming data bellow to see the impact on attainment for this area of the curriculum.	
2. **Profile of PE and sport is raised across the school as a tool for whole-school improvement**	**Key ACHIEVEMENTS** Parents informed of sports events and PE achievements Via Twitter, Meadowside Matters and press releases. Sports Crew used to run lunchtime activities alongside a member of staff. PE Lead released from teaching to ensure quality of PE. Fitness tracking across Key Stage 2 and introduced to Key Stage 1. Meadowside Sports days planned for summer term for all Key Stages. Sports equipment is stored and replaced and is fit for purpose to support children's learning and engagement. Staff to organise and run inter and intra level sports competitions.	Fitness Trackers introduced in KS2 and will develop across the whole school for next academic year. Children will work on bronze, silver, and gold levels. Active classrooms will be encouraged through staff training and heat mapping. PE Lead will continue to monitor planning, sequencing and quality of lessons. Sports Days have been reviewed and evaluated ensuring a variety of inclusive races are adapted in KS2. Links with Latimer School will continue and will be in place from September to allow children to use
	Impact on PARTICIPATION Two PE specialists (HTLA/PE Specialist) employed. A PE Lead and event's organiser on PE team. We've attended more events this year than previous years.	

	Newspaper reports, banners, PE board and Meadowside Matters have been used to report our success in the school games. EYFS and KS1 have improved their active classrooms by using regular brain breaks. KS2 are using the daily mile as warm-ups and are improving the frequency. Sports Crew have been running regular activities each term. Children are very engaged with the termly sports – football, netball and table tennis. PE lessons have been observed by the PE Lead and were engaging, progressive and using rich vocabulary. The fitness tracker was run through KS2 and well received by the children and parents.	Latimer facilities for competition and development time.
	Impact on ATTAINMENT Success in the school games has heightened and the children and parents are supportive of the school games events. Sporting achievements: Boys football league KTSL - 1st and 2nd place Kettering Old school indoor cricket tournament – 1st KSG Archery – 2nd place 220 children attended sports events over this academic year.	
3. Increase confidence and skills of staff in teaching PE and Sport	**Key ACHIEVEMENTS** Staff to follow Get Set 4 PE scheme of work when planning and delivering PE lessons. Coaches from Northampton Cricket Club, Northampton Saints Rugby Club to lead lessons to upskill teaching staff. Staff offered regular PE CPD. Mrs Flavell to attend courses and cascade to teaching staff during staff meetings. Staff to complete a questionnaire to tailor CPD where it is required. A trained swimming teacher employed to delivered the curriculum and to lead the delivery of swimming across the year group.	PE Leadership team to liaise with teachers using questionnaires. Sharing skills across the school to run clubs and engage children in sport. CPD offered through Get Set 4 PE and SSCO
	Impact on PARTICIPATION Leadership time spent working with teacher on the sequencing document. On hand specialist to support teachers with knowledge and enthusiasm. Staff upskilled and confident to teach PE across the school. CPD offered for tennis. CPD delivered for gymnastics in staff meeting by PE lead and Get Set 4 PE.	
	Impact on ATTAINMENT Staff have more autonomy over the lessons they are teaching but supported with the Get Set for PE framework. Strong PE leadership, sharing skills across the school. End of term assessments show good progress.	

4. Broader experience of a range of sports and activities offered to all pupils	**Key ACHIEVEMENTS** Meadowside use a number of clubs and coaches to offer children before and after school (basketball, gymnastics, tennis, football, girls football, new age curling and archery, yoga and netball). Staff are also offering a KS1 sports/yoga club, a KS2 netball club and a lunch time football tournament. Year 5/6 children are trained in sports leadership and to deliver lunchtime competitions and sports activities. Outside clubs brought in to promote and engage children's interests and skills e.g., Northampton Saints, Northampton Cricket Club and Kettering Town Football Club	To plan a broad range of teacher lead clubs, balanced with specialist clubs run by outside providers. Sports Events organiser to plan a broad range of competitions the SGO, Kettering town football club and Latimer Arts School.
	Impact on PARTICIPATION Get set for PE in line with sequencing document. Time spent with teacher going through the planning of PE to ensure children receive a broader range of skills and sports. Clubs offered included KS1 multi –sports, yoga, tennis, gymnastics, street dance, netball, archery, KT Football club, karate and table tennis.	
	Impact on ATTAINMENT High uptake up on clubs and interest beyond school. Many children participated in lunchtime leagues run by sports crew.	
5. Increased participation in competitive sport	**Key ACHIEVEMENTS** A member of staff is allocated to organise and run events. KS2 to take part in intra competitions 3 times a term using the KSSP School Games framework. KS2 to take part in an inter competition 3 times a term Using the Year 5 Sports Crew. KS2 to take part in self competitive activities 3 times a term using the Year 6 Sports Crew.	Sports events manager to continue the role of sports crew leader to run self-competitive and Inter- level sports competitions.
	Impact on PARTICIPATION Intra competitions entered and developed. Improved links with local secondary school and events run. Entered Kettering Town School League and offer girls a chance to play in a league. To enter more SEND tournaments. We entered teams into archery, boccia and curling. Inter Competitions run throughout the year by sports crew. They have run weekly sports events focusing on a different sport each term: table tennis, football and netball. Self-competitive events not run this year due to staffing at lunchtime.	
	Impact on ATTAINMENT We came 1st and 2nd in the KTSL and although the girls were placed they had a great team that are now playing outside school. 220 children attended Intra events. We attended more SEND events this year. Inter event have provided an opportunity for Sports Crew to develop their leaderships skills and the children have enjoyed the events run throughout the year.	

SWIMMING: MEETING THE NATIONAL CURRICULUM REQUIREMENTS FOR SWIMMING & WATER SAFETY

- Swimming is a national curriculum requirement
- The 3 requirements for swimming and water safety are that by the end of key stage 2 pupils should be taught to:
  - swim competently, confidently and proficiently over a distance of at least 25 metres
  - use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
  - perform a safe self-rescue in different water-based situations

You can use your funding for:

- Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils
- Additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water

Schools are required to annually publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome	% of pupils achieving outcome				
	2019/2020	2020/2021	2021/2022	2022/2023	2023/2024
Swim competently, confidently and proficiently over a distance of at least 25 metres	Not Completed Due to COVID	Not Completed Due to COVID	**40%**	**59%**	**66%**
Use a range of strokes effectively; front crawl, backstroke and breaststroke	Not Completed Due to COVID	Not Completed Due to COVID	**38%**	**44%**	**46%**
Perform safe self-rescue in different water-based situations	Not Completed Due to COVID	Not Completed Due to COVID	**40%**	**59%**	**79%**
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2	Not Completed Due to COVID	Not Completed Due to COVID	**YES**	**YES**	**Yes**

all pupils are expected to be able to swim confidently and know how to be safe in and around water. **Have you used any funding for this purpose?**					

PE & SCHOOL SPORT DEVELOPMENT PLAN

2023/2024 Funding ✓ Must be allocated and spent by 30th t July 2024	***£16,000 + £10 per pupil (Year 1 – Year 6)***		***SUB TOTAL***	
	GRAND TOTAL		***£***	***£19 200***
Key outcome indicator 1: Engagement of all pupils in regular physical activity	**Planned Expenditure:**	*£1000*	**Actual expenditure:**	*£580*
Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement	**Planned Expenditure:**	*£10 200*	**Actual expenditure:**	*£14,000*
Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	**Planned Expenditure:**	*£2000*	**Actual expenditure:**	*£950*
Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils	**Planned Expenditure:**	*£2000*	**Actual expenditure:**	*£1,090*
Key outcome indicator 5: Increased participation in competitive sport	**Planned Expenditure:**	*£4000*	**Actual expenditure:**	*£2,785*
			Actual overall spend	*£19,405*

Accountability

It is a statutory requirement of Ofsted, under their Common Inspection Framework, to ensure that information on the use of the Primary PE and Sport Premium is available on your school website. One of the key purposes of putting information on the school website is to keep parents informed, so this information should be written in a format that is clear and easily accessible.

Completed by:	C Flavell	**Date:**	September 2023

Document updated	July 2024							

Department for Education guidance on how to use the Primary PE and Sport Premium – updated October 2023

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The school sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officers guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

Schools must use the funding to make additional and sustainable improvements to the quality of physical education (PE), physical activity and sport you offer.

This means that you should use the premium to:

- Develop or add to the PE, physical activity and sport activities that your school already offers
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools can use the premium to secure improvements in the following indicators:

1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

What should your funding NOT be used for?

The Secretary of State does not consider the following expenditure as falling within the scope of additional or sustainable improvement:

- Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements – these should come out of schools' core staffing budgets
- Teaching the minimum requirements of the national curriculum PE programmes of study – including this specified for swimming
- Fund capital expenditure - DfE does not set the capitalisation policy for schools, if you are in any doubt as to whether your proposed spending is deemed as capital expenditure, you should first speak with your school business manager or school accountant and their auditors

Active Miles

If schools choose to take part in an active mile, they should use existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

Accountability

School compliance

You are accountable for how you use of the PE and sport premium funding allocated to you. You are expected to spend the grant for the purpose it was provided – to make additional and sustainable improvements to the PE, sport and physical activity offered. Schools and local authorities must follow the terms and conditions in the conditions of the grant documents. https://www.gov.uk/government/publications/pe-and-sport-premium-conditions-of-grant-2023-to-2024

Online reporting

Schools must publish details of how you spend your PE and sport premium funding by the end of the summer term or by **30th July 2024 at the latest**.
Online reporting must clearly show:

- the amount of PE and sport premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport participation and attainment
- how the improvements will be sustainable in the future

You are also required to publish the percentage of pupils within your year 6 cohort in the 2023 to 2024 academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- perform safe self-rescue in different water-based situations

Attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school. It is essential to retain attainment data from swimming lessons in years 3 to 5 to be able to report this accurately in year 6.

Review of online reports

School online reporting will be monitored by DfE. We will sample a number of schools in each local authority to review what they have published on their use of the funding and their swimming attainment. Schools are expected to spend the grant for the purpose that it was provided only, in accordance with the conditions of the grant, to make additional and sustainable improvements to the PE, sport and physical activity provided.

Payment dates for the 2023/2024

Maintained schools, including PRU's and general hospitals

Maintained schools, including PRUs and general hospitals, do not receive funding directly from DfE. We give the funding to your local authority and they pass it on to you.

We give local authorities PE and sport premium funding for maintained schools in 2 separate payments. They receive:

- 7/12 of your funding allocation on 31st October 2023
- 5/12 of your funding allocation on 30th April 2024

Academies, free schools and CTCs

We send academies, free schools and CTCs their PE and sport premium funding in 2 separate payments. You receive:

- 7/12 of your funding allocation on 8th November 2023
- 5/12 of your funding allocation on 8th May 2024

Non-maintained special schools

We send non-maintained special schools their PE and sport premium funding in 2 separate payments. You receive:

- 7/12 of your funding allocation on 18th December 2023
- 5/12 of your funding allocation on 18th April 2024

Useful websites

PE and sport premium for primary schools

https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools

Association for Physical Education

https://www.afpe.org.uk/page/About_the_Primary_PE_and_Sport_Premium#:~:text=Schools%20must%20publish%20the%20amount,how%20the%20improvements%20will%20be

Youth Sport Trust

https://www.youthsporttrust.org/PE-sport-premium